



WEDNESDAY 9/2

**NO
PROGRAMMING**

FRIDAY 9/4

**NO
PROGRAMMING**

WEDNESDAY 9/9

**NO
PROGRAMMING**

FRIDAY 9/11

**NO
PROGRAMMING**

WEDNESDAY 9/16

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

FRIDAY 9/18

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching

12PM: Board Games

WEDNESDAY 9/23

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

FRIDAY 9/25

10AM: Round Table
Talk

10:30AM: Ageless
Grace

11:30AM: Stretching

12PM: Board Games

WEDNESDAY 9/30

10AM: Round Table
Talk

10:30AM: Chair Yoga

11:30AM: Arts &
Craft

HOLLAND COMMUNITY CENTER *September 2026 Schedule*

85 Olney Street, Dorchester | 617-821-2357

CITY of **BOSTON**



AGE+

Age Strong
Commission